



SCHOOL NUTRITION PROGRAM WELLNESS POLICY

New Vision Academy is committed to establishing a healthy school nutrition environment to aid in the reduction of childhood obesity and diet related chronic diseases. In order to fulfill this commitment, we encourage families, teachers, staff, and school leaders to incorporate physical activity and nutrition education in their daily interactions with scholars. With this we hope to develop a school environment that enhances learning and development of lifelong wellness practices for our scholars. Below are a list of goals and ways New Vision Academy will monitor the implementation.

Goals

- A. The School Nutrition Program will comply with federal, state, and local requirements and provide services to all scholars.
 - To monitor the implementation production and nutritional records will be reviewed on a monthly basis to ensure the Vendor to ensure NSLP/NSBP rules on meal patterns and age grade groups are being followed.
- B. Behavior-focused nutrition education will be integrated into the curriculum. Quarterly students will participate in nutrition education and encourage to participate in physical activity during P.E. Physical education curriculum shall provide sequential instruction related to the knowledge, attitudes, and skills necessary to participate in lifelong, health enhancing physical activities along with stressing the importance of remaining physically active for life.
 - To monitor implementation P.E. for every student will be incorporated into the school's Master Schedule. Lesson plans on nutrition education will be provided.
- C. School meals will meet the USDA nutrition standards as well as comply with the regulations established under the Universal Food Code and HACCP method of food safety.
 - To monitor the implementation New Vision Academy will receive monthly nutritional guidelines of foods served.
- D. All scholars will have designated lunch periods of sufficient length to enjoy eating healthy foods with friends. These lunch periods will be scheduled as near the middle of the school day as possible.
 - To monitor implementation New Vision Academy will plan a master schedule incorporating a minimum of thirty minute lunch periods for each team of scholars.



NEW VISION ACADEMY

No Limits, No Boundaries to Learning

- E. Foods and beverages offered on campus during the scheduled school day will provide scholars affordable access to a variety of nutritious foods. Available items will meet the recommendations set forth by the Dietary Guidelines for Americans, Alliance for a Healthier Generation, and the American Beverage Association.
 - To monitor implementation New Vision Academy will request a monthly print out of the schedule menu.

- F. Space that is adequate to accommodate all scholars and pleasant surroundings that reflect the value of social aspects of eating will be provided. The school will also ensure the environment is safe and comfortable for scholars eating meals.
 - To monitor implementation New Vision Academy will ensure that the cafeteria and meal prep areas are cleaned before and after breakfast and lunch.

- G. New Vision Academy encourages students to participate in regular physical activity in their daily lives.
 - To monitor implementation New Vision Academy will ensure that all students participate in regular physical activity and include it in the school's Master Schedule.

- H. Smoking of any substance including tobacco on school premises, in school vehicles, and at school functions at any time is prohibited.
 - To monitor implementation New Vision Academy has signs posted on all entrances as required by Title I that clearly stated the prohibitions of the campus. Anyone disregards the rules will be immediately escorted from campus.

- I. Tobacco, alcohol, illegal drug advertising (including, but not limited to all clothing: t-shirts, pants, hats) on signs in school buildings, at school functions, and in school publications is prohibited.
 - To monitor implementation New Vision Academy has signs posted on all entrances as required by Title I that clearly stated the prohibitions of the campus. Anyone disregards the rules will be immediately escorted from campus.

- J. New Vision Academy encourages students to participate in regular physical activity in their daily lives.
 - To monitor implementation New Vision Academy will ensure that all students participate in regular physical activity and include it in the school's Master Schedule.



NEW VISION ACADEMY
No Limits, No Boundaries to Learning

- K. Smoking of any substance including tobacco on school premises, in school vehicles, and at school functions at any time is prohibited.
 - To monitor implementation New Vision Academy has signs posted on all entrances as required by Title I that clearly stated the prohibitions of the campus. Anyone disregards the rules will be immediately escorted from campus.

- L. Tobacco, alcohol, illegal drug advertising (including, but not limited to all clothing: t-shirts, pants, hats) on signs in school buildings, at school functions, and in school publications is prohibited.
 - To monitor implementation New Vision Academy has signs posted on all entrances as required by Title I that clearly stated the prohibitions of the campus. Anyone disregards the rules will be immediately escorted from campus.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.